

Patient with acute coma

Uwe Raaz

Germany

Case vignette

- 76 years old male patient living in a nursing home was admitted to our emergency room due to an acute loss of consciousness (Glasgow Coma Scale 3)
- orotracheal intubation / mechanical ventilation was initiated by emergency medical service prior to admission due to comatose state

History

- arterial hypertension, trigeminal neuralgia, dementia, schizo-affective psychosis
- no history of stroke, epilepsy
- medication: ramipril 5 mg/d; carbamazepine 600 mg/d; no sedatives/opioids

Initial examination

- anisocoria
- breath

Diagnosis (I)

- Acute coma of unknown etiology

aneous

- RR 150/90 mmHg, sinus rhythm, 84bpm (no catecholamines administered)
- cardiac and pulmonary auscultation, abdominal examination: no specific findings
- extremities: warm, no edema
- Chest X-Ray: no significant pathologic findings
- ECG: sinus rhythm, right bundle branch block

Acute coma: etiology

Primary cerebral disorders	Structural brain lesions	<i>Traumatic brain injury</i>
		<i>Ischemic stroke</i>
		<i>Hemorrhage</i>
		<i>Tumor</i>
		<i>Abscess</i>
	Seizures	
	Central nervous system infection	
Systemic derangements	Toxic	<i>Medication overdose</i>
		<i>Drugs</i>
	Metabolic	<i>SIRS / sepsis</i>
		<i>Hypoxia; hypercapnia</i>
		<i>Hypoglycemia, Hyperglycemic crisis</i>
		<i>Hypothermia, Hyperthermia</i>
		<i>Electrolyte disorders (sodium, calcium)</i>
		<i>Hepatic failure</i>
		<i>Renal failure</i>
		Endocrine
<i>Adrenal insufficiency</i>		
<i>Thyroid dysfunction</i>		

Acute coma: diagnostic workup

Primary cerebral disorders	Structural brain lesions	<i>Traumatic brain injury</i>
		<i>Ischemic stroke</i>
		<i>Hemorrhage</i>
		<i>Tumor</i>
		<i>Abscess</i>
Systemic derang		<i>Medication overdose</i>
		<i>Drugs</i>
		<i>Electrolyte disorders (sodium, calcium)</i>
		<i>Hepatic failure</i>
		<i>Renal failure</i>
		<i>Panhypopituitarism</i>
		<i>Adrenal insufficiency</i>
		<i>Thyroid dysfunction</i>

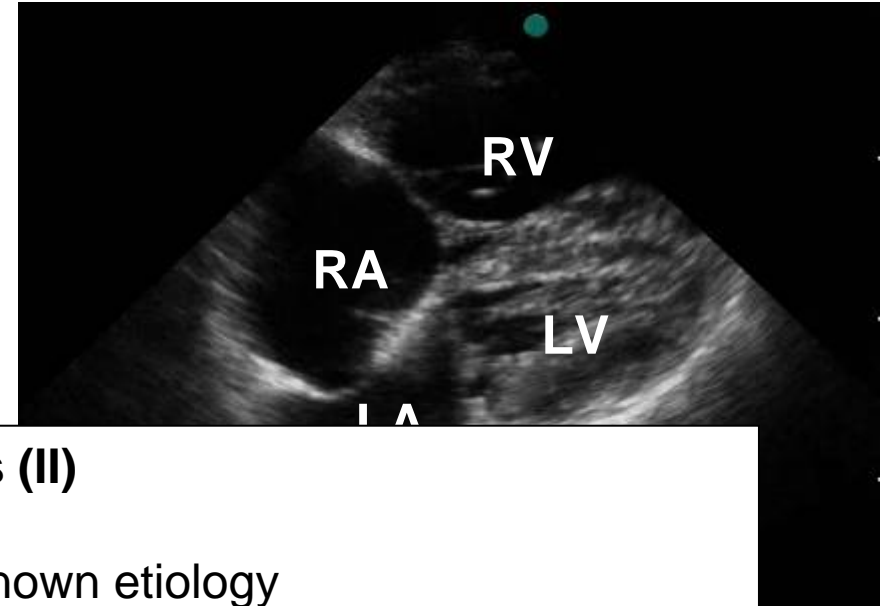
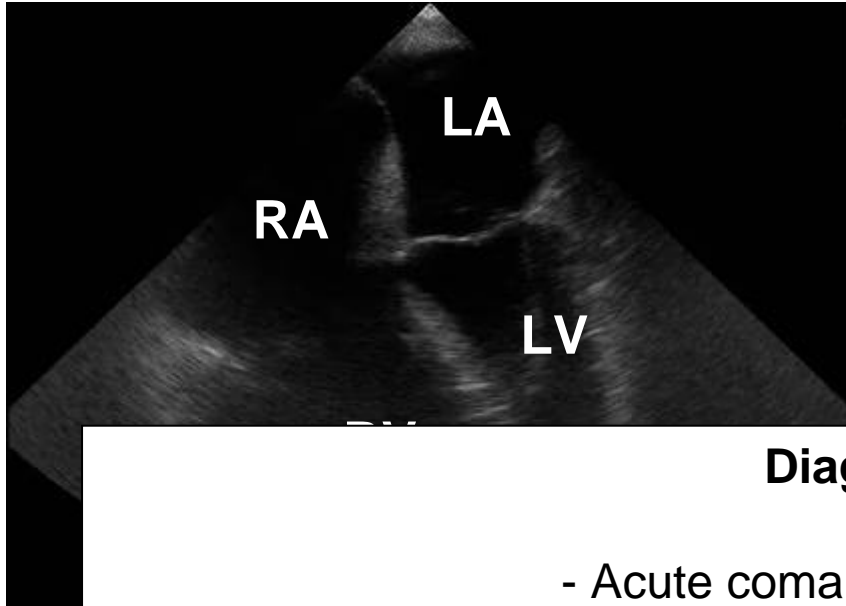


Diagnosis (I)
- Still: acute coma of unknown etiology

SIBs: electrolytes evident, at least mild to moderate metabolic acidosis, mild hyponatremia/normal glucose level;
 Dig. Electrolyte: normal, no significant renal dysfunction, normal ammonia level with normal findings
 normal, normal, normal/creatinine slightly elevated; normal ammonia level

Echocardiography (TTE / TEE)

Rationale: BNP: 3788 pg/ml (< 100 pg/ml); Troponin I: 2.12 ng/ml (<0.5 ng/ml)



Diagnoses (II)

- Acute coma of unknown etiology
- Pulmonary hypertension with marked right ventricular overload and secondary right-to-left-shunting via PFO

RA: right atrium; RV: right ventricle
LA: left atrium; LV: left ventricle

CT pulmonary angiography

Rationale: Pulmonary hypertension; D-dimer +; suspected DVT (compression sono)





Diagnoses (III)

- Acute coma of unknown etiology
- Pulmonary hypertension with marked right ventricular overload and secondary right-to-left-shunting via PFO
- Pulmonary embolism

Conclusion

1. Etiology of acute coma is complex involving primary cerebral disorders as well as systemic derangements.
2. Pulmonary embolism may increase pulmonary pressure which in turn may open a functionally closed PFO allowing secondary paradoxical embolism.

 In cases of unclear neurologic symptoms – right up to coma – and coincident pulmonary embolism, ischemic stroke due to paradoxical embolism should be considered in the presence of PFO (and other cardiac shunts) – even if initial neuroimaging is negative. 

Thank you

